

2024 INSPIRE CUP

Hosted By Inspire Sports In Beautiful Victoria, British Columbia



V5.0



Sponsor: Inspire Sports Victoria

Dates: March 1st - 3rd

Location: Victoria Conference Centre

Address: 720 Douglas St,
Victoria, BC



Welcome to the
Inspire Cup!

We believe sports is a universal language that brings people together. This years Inspire Cup will serve as the first of many for this annual competition hosted in beautiful Victoria, the garden city, with tourism, shopping, and family activities for all!

Inspire Cup Contact
Information

Contacts: Lucas and June Tiefenbach
(P): (250) 590-5950 (leave messages in mailbox)
(E): iscup@inspiresportsvictoria.com

Website and Social
Media

[Instagram: @theinspirecup](https://www.instagram.com/theinspirecup)
www.inspiresportsvictoria.com



Event Information

Date

March 1st - 3rd, 2024

Levels Offered

MAG:
Interclub, P1, P2, P3, P4, P5, Aspire, National Open, Junior, Senior
WAG:
Interclub, Xcel, CCP 1, 2, 3, 4, 5, 6, 7, 8, 9, 10,

Registration
Information and Fees

Registration will be done via Kscore for individual athletes and will cover the cost of admission for the athlete as well as costs associated with judges, set-up, and officiating.

Register online through Kscore will open September 15th 2023. Early Bird Registration will take place September 15th 2023 through to December 1st 2023. Regular registration will be from December 2nd until one week before the event.

Registration Fee: \$140 Late Fee: \$150

Cut off Dates and
Refunds

Scratch Deadline: One week before event.

ALL withdrawals after above deadline will be subject to a \$20.00 admin fee provided that a medical note and a completed scratch email is sent 48 hours prior to competition

Music	<p>Music will be available via AUX plug in . Please bring your music on a digital device that can be plugged in. We will also try to have CD available as well.</p> <p>** Please help keep this event as organized as possible by meeting all set out deadlines.</p>			
Admission	There will be a general admission fee for Day Passes.☒	Kids (0-5)	Children (6-12)	Regular Admission (13+)
		FREE	\$10	\$15

VENUE INFORMATION



<p>Victoria Conference Centre</p>	<p>The Conference Centre is located adjacent to the beautiful and world renowned Inner Harbour of Victoria BC connected to the 5 star Fairmont Empress hotel.</p>
<p>Parking</p>	<p>Parking will be available at the Victoria Conference Centre (VCC). The VCC has a two-level, 305-vehicle underground parking garage with access from Douglas Street.</p> <p>The parkade is open daily (year-round) from 5:00 a.m. until midnight with an attendant on duty. After hours, the parkade is secured. Rates are \$2/30 minutes up to a daily maximum of \$20. There is a height restriction of 6'2" (1.88 m).</p> <p>Recommendations: All Hotels are walking distance (less than 300 meters). Park car at hotel and walk to venue.</p>

<p>Equipment</p>	<p>FIG Spieth America provided by Gymnastics BC</p>
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Below are the options for booking accommodations and their group codes

Hotel	Book By	Reservation Method
Chateau Victoria	Jan 29th	The block Code is: 2024inspire ; Last day to book;
Delta Hotels	Jan 16th	https://www.marriott.com/events/start.mi?id=1699993458493&key=GRP Last day to book is 16th of January
The Parkside Hotel	Jan 31st	https://be.synxis.com/?adult=1&arrive=2024-03-01&chain=27580&child=0&config=YYJPA&currency=CAD&depart=2024-03-

	Marriott Hotel Inner Harbour	Jan 30th	https://www.marriott.com/event-reservations/reservation-link.mi?id=1700253688721&key=GRP&app=resvlink
	Double Tree by Hilton Hotel	Jan 31st	https://www.hilton.com/en/book/reservation/deeplink/?ctyhocn=YYJSDT&groupCode=CDTISC&arrivaldate=2024-03-01&departuredate=2024-03-03&cid=OM,WW,HILTONLINK,EN,DirectLink&fromId=HILTONLINKDIRECT
	Fairmont Empress Hotel	N/A	Officials and Operations Team
	Inn at Laurel Point	Jan 31st	https://reservations.travelclick.com/12209?groupID=4160896
	Hotel Grand Pacific	Feb 1st	Booking code: MAR24INSPIRECUP
The Venue is walking distance to plenty amazing hotels. A block booking is being arranged and will be on version 2 of the work plan to be released end of September. The second draft will list the hotels and the codes for reservations.			
BC Ferries and Public Transit (shown on Map above)			
Transportation	Don't want to bring a car on the ferry? The ferry has a Connector bus that goes directly from the ferry and YYJ airport to the Inner Harbour. Save the money and park your vehicle on the Tswassen side and walk on. Public transit is also very easy as buses are roughly \$3.00 per person and stop directly at the Victoria Conference Centre.		
Photography	Calieight Photography will be on-sight and offering photos for purchase.		

Inspire Cup FINAL Workplan

March 1st - March 3rd

Day	Session	Category	Warm-up	Comp Start
Friday March 1st, 2024	1	CCP 1, 2, 3	8:00	8:15
	2	CCP 4, 5	11:15	12:00 PM
	3	CCP 6 (2007-2012)	1:45 PM	2:00 PM
	4	CCP 6 (2013-2015) CCP 7 (2011-2015)	5:15 PM	5:30 PM
	Session		Warm-up	Comp Start
Saturday March 2nd, 2024	5	CCP 8	8:00	8:15
	6	CCP 9	11:00	11:15
	7	CCP 7 (2006-2010) MAG 3 & 4 & 5	2:30 PM WAG 2:15 PM MAG	2:45 PM
	8	CCP 10, MAG Aspire, Open, TEAM	6:00PM WAG MAG TBC	6:15pm WAG MAG TBC
	Session		Warm-up	Comp Start
Sunday March 3rd, 2024	9	Xcel Bronze MAG 1 & 2	8:00	8:20 AM WAG 8:30 AM MAG
	10	Xcel Silver	11:15	11:30
	11	Xcel Gold (2006-2012) Xcel Gold (2013-2014) Xcel Platinu & Diamond	2:00 PM	2:15 PM
	12	Performance & Performance Plus	5:00 PM	5:15 PM